



St. Walburga's Catholic Primary School

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Headteacher: Veronica Woodward

19th December 2025

Dear Parents and Carers,

As you may know, we are currently delivering Forest School sessions to Year 2 children. After the Christmas break, the children in Year 3 will have an opportunity to take part in weekly Forest School sessions once again. The children will be able to experience the outdoors in a variety of weathers, experience the changes of the natural world around them and have a chance for free play within the setting using a range of equipment and tools led by a trained specialist teacher. It was hugely enjoyable for both Year 2 classes, who have already attended sessions and I am sure that it will be equally valuable for those children in Year 3, who will have chance to build on the skills they previously learned.



YEAR 3 FOREST SCHOOL SESSIONS WILL BEGIN ON THE FIRST WEEK BACK AFTER HALF TERM.

Please read the timetable below carefully to see the dates that your child's class will be taking part in Forest School. On the days of your session, please send your children in with their Forest School clothes (see information on the next page regarding clothes).

WEEK	DATE	CLASS		DATE	CLASS
1	Thursday 8 th January	3BN		Friday 9 th January	3NL
2	Thursday 15 th January	3BN		Friday 16 th January	3NL
3	Thursday 22 nd January	3BN		Friday 23 rd January	3NL
4	Thursday 29 th January	3BN		Friday 30 th January	3NL
5	Thursday 5 th February	3BN		Friday 6 th February	3NL
6	Thursday 12 th February	3BN		Friday 13 th February	3NL
Half Term: Monday 16th February - Friday 20th February 2026					

CLOTHING:

IMPORTANT! As we are in the winter months, please ensure that the children have plenty of layers and WATERPROOF OUTER LAYERS. The children will be encouraged to be hands on with the activities so it is highly likely that they will get wet and muddy and so will their clothes! On their session dates, please send your child into school with these named items in a strong carrier bag or additional rucksack:

- Wellies
- Warm socks long enough for wellies
- Old trousers that can get muddy
- Old t-shirt
- Thin old long-sleeved top
- Old warm jumper that can get muddy
- Waterproofs (coat and trousers or an all-in-one is recommended)
- Woolly hat (especially when colder)
- Gloves
- SPARE CARRIER BAG for putting their dirty wellies and clothes in to take home

The sessions WILL take place in all weathers and will last approximately 1 ½ hours (unless it is thundering, lightning or high winds!), so please ensure that your child is prepared in what they are wearing. At the end of each session, your child's clothing will be sent home with them as they may need to be dried out/cleaned off ready for the following week.

- Our sessions will be guided by the 6 Forest School Principles:

LONG TERM-Forest School consists of frequent and regular sessions within the natural environment. Planning, adapting, observation and review is a key element of Forest School. As part of this long-term process, children will have the chance to see our site change with the seasons but be a familiar place that they visit.

IN NATURE-The relationship of the learner and the natural environment is built on each time that they re-visit the Forest School setting.

HOLISTIC-It is the aim that Forest School will promote the holistic development of learners fostering resilient, confident, creative and independent learners.

RISK TAKING- Forest School offers learners the chance to take supported risks which are appropriate to the setting and to each individual.

TRAINED LEADERS-A leader will be Forest School trained and will be a practitioner who continuously maintains and develops their own professional practise as well as making observations in order to inform planning in future sessions.

LEARNER LED-Forest School creates a community of learners who have the opportunity to make decisions and choices for themselves with support from an observant practitioner. Equipment will be made available to the learners which they may choose to use in different sessions.



I am really looking forward to working with the Year 3 children again.

Kind regards

Mr Yarrow Level 3 Forest School Leader