



# St. Walburga's Catholic Primary School

MALVERN ROAD, MOORDOWN, BOURNEMOUTH, BH9 3BY

Telephone: 01202 528811 Fax: 01202 532875

email: [office@stwalburgasprimary.co.uk](mailto:office@stwalburgasprimary.co.uk)

website: [www.stwalburgas.bournemouth.sch.uk](http://www.stwalburgas.bournemouth.sch.uk)



Headteacher: Veronica Woodward

24<sup>th</sup> November 2025

Dear Parents and Carers,

Year 4 will be starting their DT Food technology topic – Biscuits. On Friday 28th November, the children will be carrying out research on a selection of biscuits, including a taste test. Below are the names of the products and a list of the ingredients. Please read carefully through the ingredients and complete the form to give permission for your child to consume the biscuits.

### Food Allergies

Children who have allergies to gluten and milk also have options. Please check the ingredients and **indicate if they require the FREE FROM gluten and milk products.**

### Making Biscuits

We will also be designing and making biscuits. The children will be making a basic biscuit recipe (sugar, margarine and **flour**) and adding their own chosen flavour. If you have requested the FREE FROM range, your child will make biscuits with gluten free flour.

Please email your child's teacher if you need to inform us of any other food allergies that we may not be aware of or if you require any further information.

**This form will need to be completed by 12pm on Wednesday 26th November.** Permission will be required for your child to partake in this activity. [Year 4 DT Food Technology Topic - Biscuits 2025 – Fill out form](#)

Many thanks for your prompt response.

Kind regards,

*Miss Carlson* *Mrs Mason* *Mrs McCaffrey*

Miss Carlson, Mrs Mason and Mrs McCaffrey

**Biscuits: Please check bold items for potential allergies.**



**INGREDIENTS:** Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Glucose-Fructose Syrup, Palm Oil, Semolina (**Wheat**), Ginger Powder (1.0%), Raising Agents: Sodium Hydrogen Carbonate, Disodium Diphosphate; Salt, Lemon Oil.

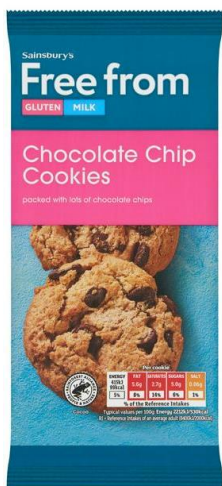


**INGREDIENTS:** Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Palm Oil, **Barley** Malt Extract, Partially Inverted Sugar Syrup, Raising Agents: Sodium Hydrogen Carbinate, Ammonium Bicarbonate; Salt.



**INGREDIENTS:** Currants (40%), **Wheat** Flour, Palm Oil, **Wheat** Starch, Glucose Syrup, Sugar, Skimmed Cows' **Milk** Powder, Whey Powder (Cows' **Milk**), Salt, Raising Agents: Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate.

## FREE FROM BISCUITS



### INGREDIENTS:

Gluten Free **Oat** Flour, Chocolate Chips (18%) (Cocoa Mass\*, Sugar, Cocoa Butter\*, Emulsifier: Lecithins), Sugar, Palm Oil, Margarine (Palm Fat, Rapeseed Oil, Water, Palm Oil, Salt, Emulsifier: Mono- and Diglycerides of Fatty Acids), Tapioca Flour, Rice Flour, Partially Inverted Sugar Syrup, Raising Agents: Sodium Carbonates, Ammonium Carbonates; Stabiliser: Xanthan Gum; Flavouring.

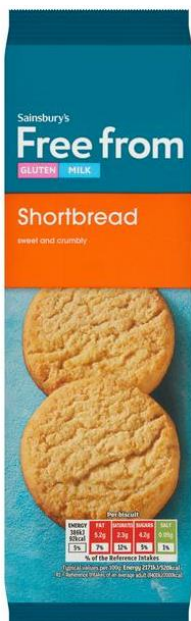
\*\*This Sainsbury's product supports responsible cocoa farming. Rainforest Alliance Certified cocoa is grown with care for people and the environment. For more information: [www.ra.org](http://www.ra.org)

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Dark Chocolate contains: Cocoa Solids 53% minimum



**INGREDIENTS:** Gluten Free **Oat** Flour, Candied Stem Ginger (21%) (Ginger, Sugar), Sugar, Palm Oil, Tapioca Starch, Gluten Free **Oats**, Partially Inverted Sugar Syrup, Ginger Powder, Raising Agent: Sodium Carbonates; Stabiliser: Xanthan Gum



**INGREDIENTS:** Rice Flour, Sugar, Palm Oil, Corn Starch, **Soya** Flour, Palm Fat, Rapeseed Oil, Flavourings, Salt, Emulsifier: Mono- and Diglycerides of Fatty Acids