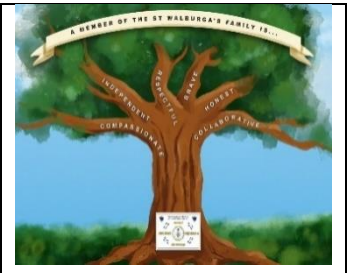




As St. Walburga's school family we walk in the footsteps of Jesus by ...

- welcoming all
- learning to be the best we can
- joining together in prayer
- serving God and one another



PSHE/RSE (PHRE) Curriculum Intent

'I can do all things through him who strengthens me.' - Philippians 4:13

'You will keep in perfect peace, those whose minds are steadfast, because they trust in you.' - Isaiah 26:3

"There is always light. If only we're brave enough to see it. If only we're brave enough to be it." –
Amanda Gorman

At St Walburga's school, our Personal, Social and Health Education (PSHE) and Relationships Education (RSE) curriculum intention is that children are supported and learn the skills to keep themselves healthy and safe. They will develop emotional intelligence and the skills to encourage them to articulate their feelings and emotions to support good mental health and well-being. Children will also understand the importance of their physical health and maintaining a healthy lifestyle. In line with our school learning values, the children will develop the attributes of compassion, independence, respect, bravery, honesty and collaboration; preparing them for their future in life and work.

Our PSHE and RSE curriculum allows children to learn effectively but the values are intertwined into our teaching and ethos here at St Walburga's. Skills are enriched through assemblies and collective worship. Children are given the opportunity to share in the responsibility of their learning and school environment through the School Council which encourages their social and democratic understanding. Children are encouraged to engage with our local and wider communities through annual projects such as 'Sowing the Seed' charity events and 'International Evening' where our enriched diversity is celebrated through food, dance and song. Encompassing social, moral and cultural understanding and holding our Gospel values at the heart of all that we do; our hearts are big at St Walburga's.

In line with our PSHE teaching, we use a scheme of work provided by Coram Life Education's SCARF. This framework allows children to access the learning and development required to build resilience, self-esteem, critical thinking, good mental health and wellbeing in the context of the local, national and global community. This curriculum is consistently taught from EYFS through to Year 6, so that children build on their learning and experiences to equip them with the necessary skills and understanding to be a valued citizen in our local and global communities. At St Walburga's, we ensure that our Catholic values shine through everything that we do. Therefore, our PSHE and RSE curriculum works alongside our core Catholic teaching. We celebrate our diverse school community and give children the opportunity to understand and respect themselves and others which enables them to become healthy, independent and responsible citizens. Our PSHE curriculum helps children to acquire British values and attitudes which enable them to understand their experiences within school and out of school. Encouraging the importance of valuing and respecting themselves and others, whilst appreciating differences and diversity as an informed British citizen.